

NEW WORTLEY

community centre



SPRING 2017

NEWSLETTER



Find out inside how you can change your life!

2017

A year you can change your life!

Come and enjoy a coffee in the new Community Centre!
Free wifi access and a community shop.

Here at New Wortley we believe in everyone. Over the last 12 months we have led the way in driving investment and hope into this often forgotten part of Leeds. We have more volunteers than ever and we want more, we have built links with businesses and we will build more, we will offer opportunities to everyone and have fun as a community as well. We will keep fighting to make the area safer and feel safer as well. Our new Centre will officially open on the 5th & 6th of May 2017 and those will be the dates of our biggest Community Festival yet!

Keep an eye on our website for latest news www.newwortleycc.org or follow us on Twitter/Facebook.





Letter from Dr Andrew Sixsmith

Being active and taking part is a key part of feeling better about yourself.

As a local GP I am sure many readers will know me. In my experience of New Wortley, in order to make sure residents have better health it's important to make an effort to get involved in activities that are positive and appropriate. There are a wide range of activities and groups available locally and I hope you can read the booklet and find something that might suit you. It might be a fitness class or a social group, it might be adult education or finding a role as a volunteer. But, one thing's for sure, if you get more active you will feel better, physically and mentally. So, please have a read and think about how you can make a positive change to your lifestyle.

Thanks

Dr Andrew Sixsmith



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Contact us

New Wortley Community Centre
40 Tong Road
Leeds LS12 1LZ
0113 279 2466

www.newwortleycc.org.uk

 **NewWortleyCC**

FOUNDATION

Transforming lives. Inspiring individuals.

FOUNDATION ADULT OFFENDERS TEAM

WE OFFER THE FOLLOWING SERVICES

- Temporary supported move-on accommodation for ex-offenders.
- Support to sustain and obtain a tenancy.
- Find a job tackle addiction or improve relationships.
- Offer Triage support across Leeds Mon-Frid– quick and easy short term support with the option of a full package if required.
- Improve social inclusion/ self-esteem and confidence through activities e.g. theatre trips, boxing, cycling, breakfast clubs, job clubs, football sessions
- Links with some employers.
- Floating support to clients whatever their current housing situation.

GET IN TOUCH

Referrals via 07538 472738



METAL BASHERS

LEARN HOW
Test – Fix – Upgrade
Computers, Laptops,
Tablets & Mobiles



Every Tuesday

09:30 – 12:30 for 8 Weeks
(17 Jan - 7 Feb 2017 &
28 Feb – 21 Mar 2017)

Certificate and free trial
volunteering at a local computer
repair business

Enrol @ New Wortley
Community Centre, 40 Tong Road
LS12 1LZ Tel.0113 322 1537



Leeds
Community
Foundation

#GivetoLeeds

FixIT
LEEDS
THE IT CO-OPERATIVE
and Part Leeds City



TEAM NEW WORTLEY

SAFER
NEW WORTLEY
tackling crime together



COME AND TAKE PART IN Martial Arts!

**MONDAYS AND WEDNESDAYS
AT THE COMMUNITY CENTRE**

Kids session **6.30pm – 7.30pm**

Adult session after.

Work towards gradings and belts.



FIRST LESSON FREE!

Just come along.



NEW WORTLEY YOUTH PROJECT



ATTEND OUR VOLUNTEER RUN YOUTH CLUB!

We provide a safe environment for group activities and fun.

If you want to become a youth leader or want to get involved please contact us



New Wortley Community Centre – Youth Project

 0113 279 3466



THE VOL2EMP VISION

At **VOL2EMP** we are building a structure to help provide better opportunities for volunteers and get them into employment and this is how we plan to do it.

With our partners we are going to work on getting people work-ready by offering different ranges of volunteering options and courses to better chances of employment. We will also be offering help with things such as CV's, covering letters, interview skills and much more.

Each person will go on a different journey depending on the work they want to achieve. We will look at the person's end goal and see what we can offer to better their chances of reaching that.

We do not guarantee a job at the end of your journey but we can guarantee that you will learn something new and will feel work-ready by the end.

Your journey will be six weeks long. At **VOL2EMP** we strongly believe we can have you work-ready in this time, and have secured an interview.

We will only have 20 people on our books at one time (this is not included in the normal volunteering offered at NWCC).

For any further information please contact Scott Kaye on
07432 193433
or email:
scott.kaye@newwortleycc.org

WAIT!  Don't turn the page!

Have you ever considered filling that spare time you have?

Well look no further! Here at New Wortley Community Centre we offer a fantastic volunteer opportunity program by volunteering with us you can learning new skills and meet new people.

The Process

The process is simple you come in and speak to the volunteer Coordinator fill in some forms in and off we go, if the volunteering you do requires training or guidance we will help you 100% of the way.

just become a number in a building but you become part of a strong, diverse community.

Wait, that's not all!

When you become a volunteer at New Wortley not only will you learn skills for employment you will have option to have 1 to 1 mentoring and support if you needed it. we are here to help you and if we can't we will make sure we send you in the right directions and stay with you on your journey.

The Community needs you

At New Wortley Community Centre we are always looking to expand our community, when you join our program you don't

Welcome with open arms

So what do you say? Come on down and give it a go! You might just have found the one thing you need, we have some fantastic volunteer stories so come on down and start living your own story.

Leeds Busiest Community Centre

For latest updates and news see our website
www.newwortleycc.org

DAY	TIME	EVENT DETAILS
MON	8AM – 2PM	Café, Laundry, Shop
	9AM–11AM	Rise and Shine (Pay As You Feel Breakfast Club)
	9:30AM – 10:30AM	Police drop in
	12AM–2PM	New Wortley Job Club
	1:30PM–3PM	Cooking On a Budget
	3:15PM–4:15PM	WASP
	4PM–6PM	Guitar Lessons FREE beginner to intermediate, all styles
6:30PM–8:30PM	Martial Arts	
TUE	8AM – 2PM	Café, Laundry, Shop
	1:30PM–3:30PM	Positive Communications (Please Drop in)
	5PM–7PM	Youth Club
	7PM–8PM	YOGA
WED	8AM – 2PM	Café, Laundry, Shop
	10AM – 12PM	New Wortley Job Club
	1:15PM–2PM	Guided Relaxation
	2PM–4PM	Positive Communications (Please Drop in)
	4PM–6PM	Table Top Games Group
	6:30PM–8:30PM	Martial Arts
	3PM – 8PM	Sports Café (Enjoy Sky Sports with a Hot Meal)

THU	8AM – 2PM	Caf , Laundry, Shop
	10:15AM–11:15AM	Zumba Gold FREE with Jennie Ashton
	12:30PM–1:30PM	Luncheon Club (3 course meal)
	2PM – 3PM	Housing Surgery
	4PM–6PM	Music Jam (No Experience Needed)
	7PM–8PM	Zumba FREE with Jennie Ashton
FRI	8AM – 2PM	Caf , Laundry, Shop
	9AM – 11AM	Chadwick Lawrence Solicitors
	9:30AM – 12:30PM	Metal Bashers (Learn how to fix and upgrade your own PC)
	9:30AM–1PM	Walking Group
	10AM – 12PM	Foundation Housing
	10AM – 12PM	Money Buddies (Budgeting Advice)
6PM–8PM	Writing Group	
SAT	8AM – 2PM	Laundry, Shop, (Caf Closes 12AM)
	10AM – 10:30AM	Local Councillors Surgery
	10AM – NOON	Residents Gardening Group (Every 2 weeks contact centre for more)
	1PM – 8PM	Sports Caf (Enjoy Sky Sports with a Hot Meal)

newwortley.cc.org

Follow us on Twitter  @NewWortleyCC

40 Tong Road, Leeds, LS12 1LZ | 0113 279 2466

Adult Social Care Talking Point

What are we doing?

Adult Social Care has embarked on an exciting journey to modernise and transform our services here in Leeds – an approach called 'Strengths-Based Social Care'.

This approach is about supporting people to use their own strengths and those of their family and community in order to achieve ordinary lives and reach their full potential.

The Adult Social Care team here in Armley are leading the way in developing a more community-based approach to working with our customers. This means we are looking at how we can build better links and work more closely with the local community, and encourage adults to make use of the resources that are already on offer to them.

Making these connections enables customers to achieve a greater sense of well-being and independence.

Working with New Wortley Community Centre

New Wortley Community Centre is a fantastic resource, with many activities, facilities and groups for people to use. We are using this centre as our first Talking Point venue.

Talking Points are pre-booked appointments for people who ring the Contact Centre looking for support with their social care needs. At these appointments we talk with customers to find out what brought them to us, and whether there are any groups or resources in their local community that would help to resolve the issues they are facing.

New Wortley Community Centre was chosen as it is already an important centre for local people, offering services and activities which Adult Social Care can use and our customers can benefit from such as:

- Walking groups
- Breakfast and luncheon clubs
- Cooking and healthy eating groups
- Fitness groups
- Self-defence classes
- Relaxation and meditation sessions
- Job clubs
- Gardening groups

- Community surgeries – police, housing, councillors advice and guidance.
- It is also easily accessible by bus or on foot from various places in the Armley area.

Why are we making changes?

Our aim is to:

- Give people better, more personalised outcomes
- Reduce the amount of time customers must wait to be seen by a Social Worker
- Help people to live the life they want ensure we direct people to the right places first time to receive support for their particular needs.

If you feel you would benefit from some support to maintain your independence, please call our contact centre on 0113 222 4401.

TRACY'S

STORY



Before I came a volunteer I was at college doing batik (an arts and craft activity) and pottery and I also went to People that Matter. I was a volunteer at Christ church. I was working with children and supporting them. With the batik and pottery I was making pots and dye materials. I used to live in Old Farnley but I had to move because I had a few problems so I moved to a one bedroom flat in New Wortley. I heard that they were opening a new Centre from my cousin Mark because he was a volunteer there. So myself and Chris (husband) got involved with the gardening. After that I thought to myself to become a volunteer at New Wortley. Since then I have been working/ volunteering at New Wortley for 6 months. I have been doing luncheon club what I really enjoy doing. Volunteering in the Community shop. Going on reception which can be challenging. I went in the kitchen for a few weeks but had problems with my health. I went on a trip to Northern College with the Centre to do a communication skills course. I had support from Scott Kaye (volunteer coordinator) when I had problems with other people and depression.



I have gained more confidence in myself and not to be scared of men anymore. I have lost weight since working here. I feel happier in myself and I don't feel depressed in myself. What I have here is a new family that will support me when needed and also made new friends. I got a lot of support out of it. I know where to come when I have problems. What I look forward to in the future is working here as a paid job or still as a volunteer. I also would like to work with elderly people in an old age pension home. I enjoy working here and I don't want to leave as my confidence has got better but if I leave here my depression will come back so I'm happy where I am.

Tracy

newwortleycc.org



NEW WORTLEY
community centre

Make the change **REBOOT YOUR LIFE!**

- ☀ VOLUNTEERING
- ☀ ACTIVITIES
- ☀ FUN
- ☀ SUPPORT

- ☀ ADULT EDUCATION
- ☀ MAKE FRIENDS
- ☀ HERE TO HELP
- ☀ FEEL GREAT ABOUT LIFE



OUR GREAT BIKE PROJECT
– VOLUNTEER OR COME
AND HIRE A BIKE

FOR FREE!



OUR NEW WORTLEY BAND
NU WORTLEY ALLSTARS
playing at Armley Christmas
lights switch on

Band practice:
THURSDAYS 4 – 6PM
Come along, all welcome!



Buy your bits and bobs cheap with a great range of different items such as clothes, ornaments and many more so come on down and see what you can get for cheap prices!

If you have any unwanted items or you're just having a clean out, ask at the reception and they will pass your info on.

If you have any donations please speak to Scott Kaye (Volunteer Co-ordinator)

40 Tong Road, New
Wortley, Leeds, LS12 1LZ |
0113 279 3466



Chadwick Lawrence
Yorkshire's Legal People

Repair problems with your landlord?

- Damp
- Defective windows and doors
- Damaged plaster work
- Defective plaster work
- Plumbing and leaks etc
- Other disrepairs

Whether you are a Housing Association, Council or private tenant, our specialist local solicitors can help get your property repaired and claim compensation.

You keep 100% of all compensation awarded

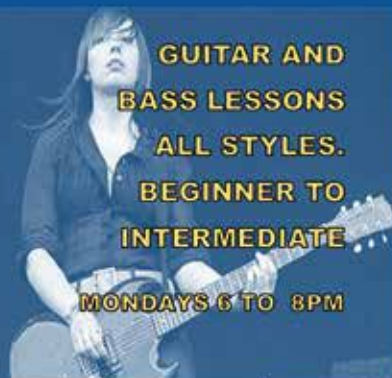
**Also FREE housing disrepair clinic every week at our offices
Wednesday 10:00am – 1:00pm**

8-16 Dock Street, Leeds LS10 1LX

**SO CALL US NOW ON
0800 1385724**

NEW WORTLEY ARTS PROJECT

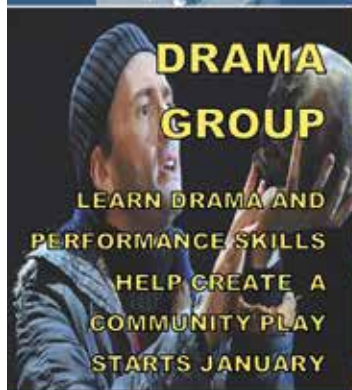
MUSIC WRITING DRAMA AND MORE



**GUITAR AND
BASS LESSONS
ALL STYLES.
BEGINNER TO
INTERMEDIATE
MONDAYS 6 TO 8PM**



**PLAY LIVE MUSIC WITH THE
NEW WORTLEY ALL STARS
THURSDAYS 4.00 TO 6.00PM**



**DRAMA
GROUP**

**LEARN DRAMA AND
PERFORMANCE SKILLS
HELP CREATE A
COMMUNITY PLAY
STARTS JANUARY**



**COMMUNITY
CHOIR
&
SINGING
LESSONS
STARTS JANUARY**

**WRITING
GROUP**



TELL YOUR STORY

**FREE ARTS ACTIVITIES AT
NEW WORTLEY COMMUNITY CENTRE**

All Welcome!

INTERESTED? Contact Tim on 07903463776 tim.dawtry@newwortleycc.org

PLUS - GREAT OPPORTUNITIES FOR COMMUNITY ARTS VOLUNTEERS!

“Things are looking up!”

“Really impressive!”

“Great venue.”

“Please thank everyone at the centre for being so helpful and welcoming.”

NEW WORTLEY COMMUNITY CENTRE

A great place to hold an event, run an activity or just pop in for a coffee!

NEW MENU

Try our new menu and range of speciality coffees (new menu February 2017)

WE CAN CATER FOR YOUR EVENT!

We can do celebrations, business events and groups, we can deliver locally as well. Contact Gary Potter for more information – gary.potter@newwortleycc.org



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www.newwortleycc.org