



## NEW WORTLEY COMMUNITY ASSOCIATION

### Person Specification – Mental Health Support Worker

Date: 1 September 2020

#### Qualifications required

- Level 3 Diploma in Mental Health Care (or equivalent)
- Full, clean driving licence

#### Experience required

- Experience of working with vulnerable families and people experiencing poor mental health
- Sounds knowledge of a range of mental health interventions and their effectiveness
- Experience of building relationships with a wide range of support services and stakeholders
- Experience of building and maintaining relationships whilst maintaining professional boundaries
- Experience of outreach work in deprived communities

#### Skills required

- Wide understanding of the causes and impact of living in poverty and with poor mental health
- Excellent communication skills including the ability to influence and negotiate
- Good interpersonal skills with the ability to identify the needs of service users
- Ability to apply a creative, flexible and imaginative approach to working with people with a range of social issues or mental health issues
- Report writing and analytical skills
- Ability to remain patient/calm irrespective of the situation
- Understanding of Equality & Diversity and ability to challenge discriminatory behaviour
- Flexibility in work patterns
- Good IT Skills
- Ability to work as part of a team
- Ability to work with minimal supervision
- Highly organised with good time management skills

#### Personal Qualities

- Highly motivated to help other people
- Compassionate and empathetic
- Trustworthy and honest
- Approachable and friendly
- Flexibility in work patterns to meet project requirements
- Committed to self-development
- Positive advocate of New Wortley Community Association

**NWCA reserve the right to vary or amend the duties and responsibilities of the post holder at any time in accordance to the needs of the business**

**NWCA are committed to safeguarding and promoting the welfare of children, young people and vulnerable adults. We promote diversity to create a workforce that reflects the population of Leeds**

**A Disclosure and Barring Service (DBS) check against the Children's and Vulnerable Adults barred list will be carried out on preferred candidates**